



January 14th 2020

Enabling change to support and improve wellbeing in Bargoed



Collective Health and Wellbeing Outcomes and Impacts

- Public/community transport is good and available to all
- More and better information is shared and advertised
- Partners in the town are working together more effectively
- There are festivals and cultural events bringing people together
- Community centres and resources are being better used
- People with arts skills in the community are running their own community events
- People are interacting and socialising with each other in 'befriending cafés'
- The town has safe social spaces where people gather such that they are not lonely
- People of all ages are learning from each other with 'less suspicion' between generations through intergenerational work and opportunities
- Everyone is well connected and aware where they can signpost people for help and advice
- People in the town are active in making decisions about it
- Local people can signpost others to activities
- Local businesses are thriving
- Local produce is available to all
- There are plenty of community events
- There are variety of short- and long-term events and an understanding that 'some things come to natural end' ('not flogging a dead horse')
- Services are integrated and operating well together through good connections
- Community buildings have been 'regenerated' and look good
- The town centre has a safe space accessible to all
- The town centre is busy with a thriving local businesses and jobs for local people
- Men's wellbeing is improved through safe supportive meeting spaces with healthy activities
- Young people are valued and included and not feared
- Services and groups across all sectors respect each other and work together collectively and more effectively
- There are community-led services and activities delivering what the community wants
- The town is more visually exciting with murals, sculptures and greenery (flowers etc.)
- Bargoed has rediscovered its identity
- The town centre is vibrant and the high street is full of shops and previously empty buildings are being used by organisations – this has been enabled by a reduction in business rates (lobbying Welsh Government)
- There is a more inclusive community – people are not isolated and the community has a voice through citizens' forums
- There is good mental wellbeing where people are supported
- Young people and children have hope and aspiration, make wise choices, are engaging effectively in learning, and use the activities available to them outside school including well-supported youth clubs and activities in the local environment and green spaces
- There is a culture of life-long learning
- The town has developed intergenerational activities and opportunities
- Genuine partnership working between groups and organisations with common purpose
- Community and individual wellbeing is supported by very good, affordable, inclusive transport links